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*'I always said I wanted four kids but we love things right now'*

**There has been a lot said about your marriage in the last few months – how are you and John?**

We're so strong as a couple. Nothing can come between us.

**It's your third anniversary next week – how will you celebrate?**

I know, I can't believe it's three years this year, 12 years in total. John will be at the World Cup on the actual day so we'll have to just have a nice phone call and a card. We'll definitely celebrate when we go on holiday after the World Cup, though.

**Is John romantic?**

Yes, he's very romantic. It's lovely because he'll always make such a big effort with everything – ever since we first met, on every anniversary he makes a big effort.

**What sort of things does he do?**

He often cooks for us once the kids are in bed, and he'll call me upstairs, the candles will be lit, the massage bed will be up and our wedding music will be playing.

**Would the two of you ever renew your wedding vows?**

I'd love to, whether it's now or in the future. But it's something we'll definitely do.

**Would you like more children?**

Never say never, but we're so happy just the four of us. We have so much fun together and because the twins get on so well and they're always playing together, I love it how we are. I always said I wanted four, but we love things right now.

**Are you looking forward to the World Cup?**

I'm so excited! I want to go out with the kids but I'm going to see how we do in the group >



**Left and facing page:**  
Toni doesn't diet and says: 'If I want chocolate I'll always have it, I just won't go crazy'

stages; if we qualify, I'll go out to South Africa just before the quarter-finals. It's difficult to go for the whole time because the kids are at nursery and I'm training.

**Are you worried about going to South Africa?**

No, I've never been to Africa before. It's always nice to visit new places and experience new cultures. I definitely want the kids to watch their dad play in the World Cup – it's such an unbelievable experience for him and we want to share that and support him.

**How was the last World Cup?**

It was a great experience, but Georgie and Summer were only three weeks old. I was there with my family and John's family so it was a quiet one for us.

**Which other wives and girlfriends do you get on with?**

Carly Cole is really cool. I don't really see her much but whenever I'm at the football I see her. I get on well with them all really but most of them live in London and I'm in Surrey and we've all got families, so things have changed.

**Do you speak to Coleen Rooney?**

No, I only ever see her when we're away with England. But me and John sent them a little something when Kai was born.

**Last time we spoke you were good friends with Frank Lampard's ex girlfriend Elen Rivas...**

Yes, we're still really good friends, she's lovely and I think the world of her. She lives in London now but we speak on the phone. She has children too so we try and meet up as our children are similar ages and get on well.

**A new WAG is Christine Bleakley – have you met her yet?**

I've seen her at the football and said hi.

**Do you ever swap phone calls with Victoria Beckham?**

No, I've not spoken to her since the last World Cup. I only ever see Victoria at the football and that's when we catch up. I tried one of her dresses on the other day and they are gorgeous, they fit so well. She's done so well and has such great style.

**How do you stay in shape?**

I ride three hours a day, then I do a lot of work in the gym at home with John. He helps me with my core work, so I'm fit enough for the horses. I feel better when I work out.

**What keeps you strong when things get too much?**

John and my kids keep me strong. They're my life. >



Toni is thrilled to be representing England at dressage in October. 'I'm so proud,' she tells us

#### What's an average day like in the Terry household?

We have brekkie then take the kids to nursery. John goes training and I go riding. If John does get a day off, we'll have a family day out. Recently we went to Legoland for the kids' birthdays and it was brilliant!

#### What's your proudest moment?

Seeing our babies being born, watching them grow, learning to walk, ride a bike and swim.

#### Do the kids like watching their dad play football?

It's great now because the kids have an understanding of what their daddy does. We'll always have it on the telly when he's playing and they're like: 'Look, Daddy is playing football!' They love it, they know the Chelsea songs, have their Chelsea kits and they know all the players.

#### How did you get into riding?

My dad has ridden for a long time so when the children started nursery full-time he took me down there to watch him ride. I was just so overwhelmed by it, it was such an elegant thing to watch so I started going down more and more. I bought my first horse a year and a half ago and now I have three in total.

#### Is it a career for you?

Definitely, I'm training every day and trying to get to the top level of dressage, which is the Grand Prix. I was asked to perform at the London International Horse Show at Olympia and I cannot explain how it felt. Just before we were about to go in, I saw 6,000 people inside the stadium and it scared the life out of me.

*'I love "me" time but the thing I love the most is being a mum and a wife'*

#### What made you go through with it?

I'm not one to give up and I'm very competitive so I said: 'C'mon Toni, you can do this!' If I'd not done it I would've killed myself and been so upset so I had to get back on, but I've never in my life been so frightened. Since then I've trusted my horse so much. He's such a good boy and he really looks after me which makes me even stronger and it makes me trust him even more. It was one of the best things I've ever done. It gives me goosebumps thinking about it.

#### How did you celebrate?

John had a game that evening so he wasn't there, but he organised a party for me afterwards, which was great fun. John is so encouraging and loves coming down to see how I've progressed.

#### Do your children watch you?

Yes, they love it at the beginning, but then they get a bit bored! But Summer is really getting into it now, she's like: 'Mummy, can I ride the pony now?' I get petrified watching her.

#### Is it important for you to have your own career?

Absolutely, I've always worked and tried my hand at everything but riding is a career to me. I used to teach karate, I've done interior design and I've always been really sporty. I need to keep energetic.

#### When are you at your happiest?

I love 'me' time but the thing I love the most is being a mum and a wife. But when the kids are at nursery and John's at work, riding is what I love most. **OK!**

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